## **ABSTRACT**

Outerwear that substantially protects the wearer from the elements during extended athletic activity events and is sufficiently inexpensive to be considered disposable, and a method for using the outerwear in such events wherein the events include a defined route, such method comprising distributing the outerwear to participants in the events, providing a plurality of containers along the event route, using the containers to collect the outerwear that is discarded by participants, and recycling the discarded outerwear. The outerwear is preferably made of a lightweight single layer of nonwoven microporous material, which is non-restricting, wind resistant, water repellant yet breathable, and provides sufficient protection under most conditions so as to eliminate a need for extra layers, and may include a first portion embodying a jacket and a second portion embodying pants wherein each portion may include one or more of the following: zippers, snaps, buttons, Velcro or the like, perforations, and elastic members for gathering the material to provide a snug fit against the wearer. The outerwear can be marked with indicia to promote a particular athletic event or a product, service, or sponsor.